



## LOOKING UP TO JESUS

*Scriptural Reading:*  
**Hebrews 12:2**

TUESDAY  
**18<sup>TH</sup>**  
AUGUST  
2020

**T**he letter to the Hebrews exhorts us to look up to Jesus, the Author and Finisher of our faith. He is the beginning and end of our faith. In itself, faith beckons us to focus our attention on Christ. And now that we see Jesus as the foundation and perfect fulfilment of our faith, the more should we look up to Him in trust. Zechariah prophesied: “They shall look upon Him who was pierced” (Zechariah 12:10). This is because it is from His injury that we are healed of ours; it is by His humiliation that we are glorified. It is by looking up to Him that we are rescued from the clutches of the devil and cleansed of the poison of sin and rebellion. As Jesus said, “As Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him might have eternal life” (John 3:14-15).



### **MEDITATION:**

What or who is my attention focused on? Am I ready for the cleansing effect of Jesus' cross?



### **STRATEGIC PRAYER POINTS**

1. Pray to be always focused on Christ, the Author and Finisher of our faith.
2. Pray that nothing will take your attention away from Christ.
3. Pray that, as you look up to Him, every aspect of your life will receive healing
4. Pray for the leaders of the Church for the grace of humility in service.
5. Pay now against the spread of corona virus pandemic
6. Say the prayers to St. Michael and St. Jude in pages 101 and 103
7. Present your private intentions to God
8. Say your daily prophetic prayers (page 6).

### **DAILY PROPHETIC PRAYERS**

1. Lord God of Power and Might you are worthy of my praise and adoration from generation to generation. We thank you and praise your Holy name for what you have done, what you are doing and for what you are about to do.
2. Oh Lord, as you delivered Israel from captivity so you will surely deliver me.
3. As you delivered Daniel from the den of Lions you will surely deliver me.
4. As you delivered Paul and Silas, I know you will surely break the prison bars and set me free.
5. Do not let the power of darkness reign over me.
6. Do not abandon me to the power of the grave.
7. Do not let people ask me;” where is your God?”
8. Oh Lord Jesus, touch me one more time and heal, save and set me free.
9. Breath life upon me that I may live, become fruitful and prosper in all ramifications.
10. I will serve you in truth and Spirit all the days of my life. And nations shall praise you for your goodness in my life.

In the most powerful name of Jesus, Amen

### **PRAYER TO ST MICHAEL THE ARCHANGEL AGAINST THE FORCES BEHIND COVID - 19.**

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls.

Amen.

### **WE PRAY WITH ST JUDE THE PATRON OF DIFFICULT CASES AGAINST THE SPREAD OF CORONA VIRUS**

O most holy apostle, Saint Jude, faithful servant and friend of Jesus, the Church honoureth and invoketh thee universally, as the patron of hopeless cases, and of things almost despaired of. Pray for me, who am so miserable. Make use, I implore thee, of that particular privilege accorded to thee, to bring visible and speedy help where help was almost despaired of. Come to mine assistance in this great need, that I may receive the consolation and succor of Heaven in all my necessities, tribulations, and sufferings, particularly... (insert your prayer request here, especially the menace of COVID - 19 Pandemic) ...and that I may praise God with thee and all the elect throughout eternity.

I promise thee, O blessed Jude, to be ever mindful of this great favour, to always honour my special and powerful patron, and to gratefully encourage devotion to thee.  
Amen.

